



TBI

VS



PTSD

- Impaired decision making
- Increased anger/irritability
- Rage
- Depression
- Word retrieval problems
- Low frustration tolerance
- Memory impairment
- Sleep disturbance
- Impulsive behavior
- Noise sensitivity
- Headaches
- Avoidance of crowds/
social isolation
- Easily confused
- Substance abuse
- Suspicion/Paranoia
- Anxiety

- Easily startled
- Increased anger/irritability
- Rage
- Depression
- Hyper-vigilant of
surroundings
- Strong reaction to flashbacks
- Memory impairment
- Sleep disturbance
- Nightmares
- Intrusive thoughts
- Headaches
- Isolation
- Guilt
- Substance abuse
- Suspicion/Paranoia
- Anxiety



**Brain Injury
Alliance**

ARIZONA