



**I AM A BRAIN
INJURY SURVIVOR!**



I can best communicate in a calm, non-confrontational manner. If you observe the symptoms on the back, please help me by immediately calling the emergency number on this card.

Name: _____

Address: _____

Telephone: _____

Emergency Contact: _____

Emergency Phone: _____

SOME Symptoms of a brain injury may include:

- Poor coordination, balance, or muscle control (standing, walking)
- Slurred speech and/or vision or impaired hearing
- Impaired attention, concentration, memory, understanding, judgment
- Difficulty controlling anger and/or aggressive behavior
- Confusion, disorientation, dizziness or distractibility
- Delayed thought processing and response time
- Depression, irritability, restlessness, impatience, anxiety or agitation
- Inappropriate or impulsive behavior
- Seizures, headaches, fatigue or other medical conditions

- _____
- _____
- _____

The above may or may not specifically apply to me but are the most common

A person with a brain injury can carry this wallet card to help avoid misunderstandings with law enforcement, first responders and others.

Put behind your ID, but don't reach for it unless the officer asks for your ID. Most officers will ask for your ID as soon as it is safe to do so.

Instructions:

1. Download wallet card (PDF)
2. Either type in your information on the PDF (fillable) or print it out and write in your information. Formatted for Avery 5371 or Avery 8371 business card
3. Card may be laminated to make sturdier.