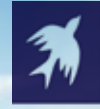




Brain Injury Alliance
ARIZONA



Arizona Governor's Council
on Spinal and Head Injuries

Join us for the annual educational conference for survivors of brain injury, family members, and caregivers.

ANNUAL
RAYS
OF HOPE

Tuesday, May 8, 2018

8:15-9 a.m. Breakfast & Registration
9 a.m.-3:30 p.m. Program

**Desert Willow Conference Center
in Phoenix**

FREE EVENT
REGISTRATION REQUIRED

**FEATURING 18 EDUCATIONAL AND FUN
BREAKOUT SESSIONS TO CHOOSE FROM!**

*Call The Brain Injury Alliance of Arizona at
(602) 508-8024 to register or register online at BIAAZ.org.*

FEATURING

MORNING KEYNOTE SPEAKER



*"The Neuroscience
of
Transformation"*

**Jule Rake,
P.A.-C**



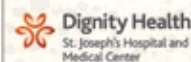
*"Headstrong &
Not Giving Up:
Jim Ledgewood's
Story of Survival"*

**Jim
Ledgewood**

**This event is for survivors of
brain injury, their family
members and caregivers**

The BIAAZ also offers educational programs for healthcare, rehabilitation, and other allied professionals at separate times and locations. See biaaz.org for future events.

**SPECIAL THANKS TO OUR
COMMUNITY PARTNERS:**





ANNUAL
RAYS
OF · HOPE

Tuesday, May 8, 2018

Primrose "Quiet Room" will be available throughout the day

8:15–9:00 a.m. Registration & Breakfast

9:00–10:30 a.m. Morning Program

Welcome & Updates

Carrie Collins-Fadell, MPA

Headstrong & Not Giving Up

Jim Ledgewood

The Neuroscience of Transformation

Julie Rake, P.A.-C

10:45 a.m.–12:00 p.m. Break Out Session I

(CHOOSE ONE)

• **Boots & Badges: Having Positive Interactions with First Responders**

Adam Pepiton, Tara Pepiton, and Detective Sabrina Taylor

• **Caregiving for the Young Adult with Brain Injury: Pop-Up Support Group**

Ronda Alcorn, Kim Jones, and Malissa Mallett, LMSW

• **Connecting, Disconnecting, and Reconnecting Neurons: Brain Injury Basics**

Ann Tarpy & Mattie Cummins, LMSW

• **Finding Your Musical Zen: Creating Harp Music to Relax Your Mind**

Jocelyn Obermyer

• **Finding Your Resilience**

Billy Thomas, Chrystal Snyder, Chris and Amy Hotaling

• **Nourish Those Neurons**

Julie Rake, P.A.-C

• **Successful Transition to the Home and Community**

Bruce Kuluris, MBA, PT, c/NDT

**Desert Willow
Conference Center
8:15 a.m.-3:45 p.m.**

*Registration is required at
Biaaz.org/rays or call the office
602-508-8024*

12:00–1:00 p.m. Lunch

Head to the dining area and grab your lunch. Then, it's time to relax, recharge, make some new connections, and visit our vendor booths!

1:00–2:15 p.m. Breakout II

(CHOOSE ONE)

• **Let's talk About It**

Chris and Amy Hotaling

• **Meditation Basics**

Julie Rake, P.A.-C

• **The Effects of Alcohol and Other Drugs on the Recovering**

Brain Malissa Mallett, LMSW

• **What's Happening? Planning to Access Community Recreation**

Ronda Alcorn, Joyce Meyer, Katie Ritter, and Brian Thomas

• **Why Do They Do That?**

Ann Tarpy, and Chrystal Snyder

2:30–3:45 p.m. Breakout III

• **Brain Gym for Survivors of Brain Injury**

Kathy Brown

• **Breathe.... Visualize... Relax...**

Chris Hotaling

• **Connecting, Disconnecting, & Reconnecting Neurons: Brain Injury Basics (repeat session)**

Ann Tarpy, Chrystal Snyder, and Amy Hotaling

• **Know Your Resources with BIAAZ**

Malissa Mallett, LMSW and Brittany Sweeney

• **Nourish Those Neurons (repeat session)**

Julie Rake, P.A.-C

• **Returning to Work After Brain Injury**

J.J. Rico