

Frequently Asked Questions About Brain Injury

After Leaving the Hospital

After the hospital, what kind of care is right for my family member?

What comes next? After the hospital, this depends on the severity of the injury and on type of insurance the person has.

For severe injuries, your loved one may need to spend time in a skilled nursing facility.

Inpatient rehabilitation is done during a stay in a rehabilitation facility. Outpatient rehabilitation can be done in your home or during appointments at the rehabilitation facility.

Rehabilitation services are varied to meet the needs of each person after brain injury. They may include such therapies as:

- Speech-language therapy
- Cognitive retraining
- Occupational therapy
- Physical therapy
- Counseling

If your loved one has physical impacts from the injury, you may need to obtain equipment to support his or her progress. Some examples are:

- Wheelchair
- Cane
- Communication device
- Shower chair
- Standing frame

Every brain injury is different. Your social worker at the hospital will help you understand the services and equipment that are best for your loved one.

What can we expect in the future?

Brain injury is a life-long journey. Some major milestones include:

- The moment of injury
- Emergency room or hospital treatment
- Rehabilitation
- Returning home
- Reconnecting with your community

You need a tour guide and a map for this journey. The Brain Injury Alliance of Arizona provides the map and guides you at each point along the way. Call us again at major milestones—and whenever you need further information and support.

Call us for more information

In Maricopa County:
602-508-8024

Statewide: 888-500-9165



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